

COMMUNITY FOOD CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

FOOD BANKS IN THE CITY OF PETERBOROUGH

Good Neighbours Care Centre 10 am - 2 pm Salvation Army 10:30 am - 11:45 am 1 pm - 3:30 pm	Salvation Army 10:30 am - 11:45 am 1 pm - 3:30 pm	Sacred Heart 8 am - 10:45 am St. Vincent's 9 am - 11:30 am Good Neighbours Care Centre 10 am - 2 pm	Salvation Army 10:30 am - 11:45 am 1 pm - 3:30 pm	St. Luke's 10:30 am - 1 pm Closed 1st Friday each month Good Neighbours Care Centre 10 am - 2 pm	St. Vincent's 9 am - 11:30 am	
--	--	---	--	--	---	--

FREE MEALS IN PETERBOROUGH

Take Away Breakfast Salvation Army 9 am - 10 am Daily Lunch Trinity Community Centre 2 pm	Take Away Breakfast Salvation Army 9 am - 10 am Daily Lunch Trinity Community Centre 2 pm	Take Away Breakfast Salvation Army 9 am - 10 am Daily Lunch Trinity Community Centre 2 pm	Take Away Breakfast Salvation Army 9 am - 10 am Daily Lunch Trinity Community Centre 2 pm	Take Away Breakfast Salvation Army 9 am - 10 am Daily Lunch Trinity Community Centre 2 pm	Breakfast Murray St. Baptist Church 9 am 3rd Saturday Monthly Daily Lunch Trinity Community Centre 2 pm Community Meal St Luke's Church Every 2nd Saturday 5 pm - 6:30 pm	Daily Lunch Trinity Community Centre 2 pm
--	--	--	--	--	---	--

SPECIAL MEALS & INFORMATION

Community Care: Provides Meals on Wheels for seniors. Call 705-742-7067

Murray St. Baptist Church Breakfast: 3rd Saturday of each month. Call 705-745-4376

Salvation Army Breakfast: Take away breakfast - 219 Simcoe St. Parking Lot

Find Food Support Online:

Visit **Social Services Food Support** www.peterborough.ca/foodcalendar

BUILDING LOCATIONS

Murray St. Baptist Church: 175 Murray St.

Good Neighbors Care Centre: 164 Sherbrook St.

Trinity Community Centre: 360 Reid St.

Sacred Heart: 208 Romaine St at Alymer St.

Salvation Army: 219 Simcoe St.

St. Vincent De Paul: 256 Murray St.

St. Luke's Church: 566 Armour Rd.

County of Peterborough Food Banks

Asphodel-Norwood Ministerial Association Food Bank

Location: Norwood Town Hall, 2357 County Road 45, Norwood

When: 2nd and 4th Wednesday each month from 5 p.m. - 6 p.m.

2nd and 4th Thursday each month from 11 a.m. – 2:30p.m.

Contact: 705-639-1777 or 705-957-4351

Bridgenorth Food Bank

Location: Bridgenorth United Church, 832 Charles St., Bridgenorth

When: Every Tuesday from 1:00 - 3:00 p.m.

(Visits limited to once per month, for Selwyn residents only).

Contact: 705-292-9601

Havelock-Belmont-Methuen Food Bank

Location: 10 Oak St. (behind Remax), Havelock

When: 12:00-2:00 p.m. on Jan 22, Feb 12, Mar 12, Apr 16, May 14, Jun 11, Jul 16, Aug 13, Sept 17, Oct 15, Nov 12, Dec 17.

Contact: 705-778-2356

Lakefield Food Bank

Location: St. John the Baptist Anglican Church, 81 Queen St., Lakefield

When: Every Tuesday from 9:00 - 10:30 a.m.

Contact: 705-652-8302

Millbrook Food Share:

Location: Old Millbrook School, 1 Dufferin St., Millbrook

When: 2nd, 3rd, and 4th Tuesday of each month from 3:00 - 5:00 p.m.

Contact: 705-932-7066 or email: acorn1920@gmail.com

North Kawartha Food Bank

Location: 135 Burleigh St., Apsley (north end of Royal Bank ATM building)

When: Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

Contact: 705-656-1748

Otonabee-South Monaghan Food Cupboard

Location: Keene United Church, 30 North St., Keene

When: 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

Contact: 249-357-7971 or email osmfoodcupboard@gmail.com

Trent Lakes Rural Outreach Centre

Location: 259 Lakehurst Circle Rd. Please call 705-768-3590 to arrange access. When: 12 - 1 p.m. on Jan 27, Feb 24, Mar 31, Apr 28, May 26, Jun 30, Jul 28, Aug 25, Sept 29, Oct 27, Nov 24, Dec 15.

Other Food Programs in Peterborough

Babies First:

Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

Location: Peterborough Child & Family Centres, 201 Antrim St.

When: Fridays Sept.- June from 10 a.m. – 1 p.m.

Contact: PCFC to Register 705-748-9144

Come Cook with Us - Peterborough Public Health

Join a free virtual cooking class.

Contact: 705-743-1000 extension 316

Food for Kids:

School program offering healthy, free food for students on weekdays. Contact your child's school.

Gleaning:

Catch a bus to pick free fruits and vegetables at local farms.

Contact: 705-749-9977

Havelock Centre – Second Harvest

Location: 30 George St E, Havelock

When: 2nd & 4th Friday at 10am

Contact: Havelockcentre@outlook.com

Murray Street Baptist Church: 175 Murray Street Free fruit, vegetables, and eggs (while they last)

When: Last Monday of every month at 4:30p.m.

Contact: 705-745-4376

Peterborough Pet Food Bank: Open 8am-8pm daily at 663 Brown St. Peterborough. By appointment only - call (705) 977-2530