

# COMMUNITY FOOD CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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## FOOD BANKS IN THE CITY OF PETERBOROUGH

<b>Good Neighbours Care Centre</b> 10 am - 2 pm	<b>Salvation Army</b> 10:30 am - 11:45 am 1 pm - 3:30 pm	<b>Sacred Heart</b> 8 am - 10:45 am  <b>St. Vincent's</b> 9 am - 11:30 am  <b>Good Neighbours Care Centre</b> 10 am - 2 pm  <b>All Saints'</b> 9am - 11am	<b>Salvation Army</b> 10:30 am - 11:45 am 1 pm - 3:30 pm	<b>St. Luke's</b> 10:30 am - 1 pm  <b>Good Neighbours Care Centre</b> 10 am - 2 pm	<b>St. Vincent's</b> 9 am - 11:30 am	
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## FREE MEALS IN PETERBOROUGH

<b>Take Away Breakfast</b> Salvation Army 9 am - 10 am	<b>Take Away Breakfast</b> Salvation Army 9 am - 10 am	<b>Take Away Breakfast</b> Salvation Army 9 am - 10 am	<b>Take Away Breakfast</b> Salvation Army 9 am - 10 am	<b>Take Away Breakfast</b> Salvation Army 9 am - 10 am	<b>Breakfast</b> Murray St. Baptist Church 9 am 3rd Saturday Monthly	
<b>Daily Lunch</b> Trinity Community Centre 2 pm	<b>Daily Lunch</b> Trinity Community Centre 2 pm	<b>Daily Lunch</b> Trinity Community Centre 2 pm	<b>Daily Lunch</b> Trinity Community Centre 2 pm	<b>Daily Lunch</b> Trinity Community Centre 2 pm  <b>All Saints' Free Meal</b> 3 <sup>rd</sup> Friday each month 5pm - 6:30pm	<b>Daily Lunch</b> Trinity Community Centre 2 pm  <b>Community Meal</b> St Luke's Church Every 2nd Saturday 5 pm - 6:30 pm	<b>Daily Lunch</b> Trinity Community Centre 2 pm  <b>Living Waters Community Meal</b> Murray St. Baptist Church 4 pm - 6pm

## SPECIAL MEALS & INFORMATION

**Community Care:** Provides Meals on Wheels for seniors. Call 705-742-7067  
**Murray St. Baptist Church Breakfast:** 3rd Saturday of each month. Call 705-745-4376  
**Salvation Army Breakfast:** Take away breakfast - 219 Simcoe St. Parking Lot  
**All Saints' Free Meal:** 3<sup>rd</sup> Friday each month - Call 705-876-1501  
**Find Food Support Online:**  
 Visit **Social Services Food Support** [www.peterborough.ca/foodcalendar](http://www.peterborough.ca/foodcalendar)

## BUILDING LOCATIONS

**Murray St. Baptist Church:** 175 Murray St.  
**Good Neighbors Care Centre:** 164 Sherbrook St.  
**Trinity Community Centre:** 360 Reid St.  
**Sacred Heart:** 208 Romaine St at Alymer St.  
**Salvation Army:** 219 Simcoe St.  
**St. Vincent De Paul:** 256 Murray St.  
**St. Luke's Church:** 566 Armour Rd.  
**All Saints' Church:** 235 Rubidge St. Parish Hall

## **County of Peterborough Food Banks**

### **Asphodel-Norwood Food Bank Association**

Location: Norwood Town Hall, 2357 County Road 45, Norwood

When: 2nd and 4th Wednesday each month from 5 p.m. - 6 p.m.

2nd and 4th Thursday each month from 11 a.m. – 2:30p.m.

Contact: 705-639-1777 or 705-559-2973

### **Bridgenorth Food Bank**

Location: Bridgenorth United Church, 832 Charles St., Bridgenorth

When: Every Tuesday from 1:00 - 3:00 p.m.

(Visits limited to once per month, for Selwyn residents only).

Contact: 705-292-9601

### **Havelock-Belmont-Methuen Food Bank**

Location: 10 Oak St. (behind Remax), Havelock

When: 12:00-2:00 p.m. on Jan 22, Feb 12, Mar 12, Apr 16, May 14, Jun 11, Jul 16, Aug 13, Sept 17, Oct 15, Nov 12, Dec 17.

Contact: 705-778-2356

### **Lakefield Food Bank**

Location: St. John the Baptist Anglican Church, 81 Queen St., Lakefield

When: Every Tuesday from 9:00 - 10:30 a.m.

Contact: 705-652-8302

### **Millbrook Food Share:**

Location: Old Millbrook School, 1 Dufferin St., Millbrook

When: 2nd, 3rd, and 4th Tuesday of each month from 3:00 - 5:00 p.m.

Contact: 705-932-7066 or email: gibsond@nexicom.net

### **North Kawartha Food Bank**

Location: 135 Burleigh St., Apsley (north end of Royal Bank ATM building)

When: Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

Contact: 705-656-1748

### **Otonabee-South Monaghan Food Cupboard**

Location: Keene United Church, 30 North St., Keene

When: 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

Contact: 249-357-7971 or email osmfoodcupboard@gmail.com

### **Trent Lakes Rural Outreach Centre**

Location: 259 Lakehurst Circle Rd. Please call 705-768-3590 to arrange access. When: 12 -1 p.m. on Jan. 26, Feb. 23, Mar. 30, Apr. 27, May 25, Jun 29, Jul 27, Aug 31, Sep 28, Oct. 26, Nov. 30, Dec 14.

## **Other Food Programs in Peterborough**

### **Babies First:**

Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

Location: Peterborough Child & Family Centres, 201 Antrim St.

When: Fridays Sept.- June from 10 a.m. – 1 p.m.

Contact: PCFC to Register 705-748-9144

### **Come Cook with Us - Peterborough Public Health**

Join a free virtual cooking class.

Contact: 705-743-1000 extension 316

### **Food for Kids:**

School program offering healthy, free food for students on weekdays. Contact your child's school.

### **Gleaning:**

Catch a bus to pick free fruits and vegetables at local farms.

Contact: 705-749-9977

### **Havelock Centre – Second Harvest**

Location: 30 George St E, Havelock

When: 2nd & 4th Friday at 10am

Contact: Havelockcentre@outlook.com

**Murray Street Baptist Church:** 175 Murray Street Free fruit, vegetables, and eggs (while they last)

When: Last Monday of every month at 4:30p.m.

Contact: 705-745-4376

**Peterborough Pet Food Bank:** Open 8am-8pm daily at 663 Brown St. Peterborough. By appointment only - call (705) 977-2530

**Community Care:** provides Meals on Wheels (hot and frozen) throughout the City and County of Peterborough.

Call 705-742-7067