

COMMUNITY FOOD CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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FOOD BANKS IN THE CITY OF PETERBOROUGH

Good Neighbours Care Centre 10 am - 2 pm	Salvation Army 10:30 am - 11:45 am 1 pm - 3:30 pm	Sacred Heart 8 am - 10:45 am St. Vincent's 9 am - 11:30 am Good Neighbours Care Centre 10 am - 2 pm All Saints' 9am - 11am	Salvation Army 10:30 am - 11:45 am 1 pm - 3:30 pm	St. Luke's 10:30 am - 1 pm Good Neighbours Care Centre 10 am - 2 pm	St. Vincent's 9 am - 11:30 am	
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FREE MEALS IN PETERBOROUGH

Take Away Breakfast Salvation Army 9 am - 10 am	Take Away Breakfast Salvation Army 9 am - 10 am	Take Away Breakfast Salvation Army 9 am - 10 am	Take Away Breakfast Salvation Army 9 am - 10 am	Take Away Breakfast Salvation Army 9 am - 10 am	Breakfast Murray St. Baptist Church 9 am 3rd Saturday Monthly	
Daily Lunch Trinity Community Centre 2 pm	Daily Lunch Trinity Community Centre 2 pm	Daily Lunch Trinity Community Centre 2 pm	Daily Lunch Trinity Community Centre 2 pm	Daily Lunch Trinity Community Centre 2 pm All Saints' Free Meal 3 rd Friday each month 5pm - 6:30pm	Daily Lunch Trinity Community Centre 2 pm Community Meal St Luke's Church Every 2nd Saturday 5 pm - 6:30 pm	Daily Lunch Trinity Community Centre 2 pm Living Waters Community Meal Murray St. Baptist Church 4 pm - 6pm

SPECIAL MEALS & INFORMATION

Community Care: Provides Meals on Wheels for seniors. Call 705-742-7067

Murray St. Baptist Church Breakfast: 3rd Saturday of each month. Call 705-745-4376

Salvation Army Breakfast: Take away breakfast - 219 Simcoe St. Parking Lot

All Saints' Free Meal: 3rd Friday each month - Call 705-876-1501

Find Food Support Online:
 Visit **Social Services Food Support** www.peterborough.ca/foodcalendar

BUILDING LOCATIONS

Murray St. Baptist Church: 175 Murray St.

Good Neighbors Care Centre: 164 Sherbrook St.

Trinity Community Centre: 360 Reid St.

Sacred Heart: 208 Romaine St at Alymer St.

Salvation Army: 219 Simcoe St.

St. Vincent De Paul: 256 Murray St.

St. Luke's Church: 566 Armour Rd.

All Saints' Church: 235 Rubidge St. Parish Hall

County of Peterborough Food Banks

Asphodel-Norwood Food Bank Association

Location: Norwood Town Hall, 2357 County Road 45, Norwood

When: 2nd and 4th Wednesday each month from 5 p.m. - 6 p.m.

2nd and 4th Thursday each month from 11 a.m. – 2:30p.m.

Contact: 705-639-1777 or 705-559-2973

Bridgenorth Food Bank

Location: Bridgenorth United Church, 832 Charles St., Bridgenorth

When: Every Tuesday from 1:00 - 3:00 p.m.

(Visits limited to once per month, for Selwyn residents only).

Contact: 705-292-9601

Havelock-Belmont-Methuen Food Bank

Location: 10 Oak St. (behind Remax), Havelock

When: 12:00-2:00 p.m. on Jan 14, Feb 11, Mar 11, Apr 15, May 13, Jun 17, Jul 15, Aug 12, Sept 16, Oct 14, Nov 11, Dec 16.

Contact: 705-778-2356

Lakefield Food Bank

Location: St. John the Baptist Anglican Church, 81 Queen St., Lakefield

When: Every Tuesday from 9:00 - 10:30 a.m.

Contact: 705-652-8302

Millbrook Food Share:

Location: Old Millbrook School, 1 Dufferin St., Millbrook

When: 2nd, 3rd, and 4th Tuesday of each month from 3:00 - 5:00 p.m.

Contact: 705-932-7066 or email: gibsond@nexicom.net

North Kawartha Food Bank

Location: 135 Burleigh St., Apsley (north end of Royal Bank ATM building)

When: Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

Contact: 705-656-1748

Otonabee-South Monaghan Food Cupboard

Location: Keene United Church, 30 North St., Keene

When: 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

Contact: 249-357-7971 or email osmfoodcupboard@gmail.com

Trent Lakes Rural Outreach Centre

Location: 259 Lakehurst Circle Rd. Please call 705-768-3590 to arrange access. When: 12 - 1 p.m. on Jan. 26, Feb. 23, Mar. 30, Apr. 27, May 25, Jun 29, Jul 27, Aug 31, Sep 28, Oct. 26, Nov. 30, Dec 14.

Other Food Programs in Peterborough

Babies First:

Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

Location: Peterborough Child & Family Centres, 201 Antrim St.

When: Fridays Sept.- June from 10 a.m. – 1 p.m.

Contact: PCFC to Register 705-748-9144

Come Cook with Us - Lakelands Public Health

Join a free virtual cooking class.

Contact: 705-761-9726 or email ccwu@lakelandsph.ca

Food for Kids:

School program offering healthy, free food for students on weekdays. Contact your child's school.

Gleaning:

Catch a bus to pick free fruits and vegetables at local farms.

Contact: 705-749-9977

Havelock Centre – Second Harvest

Location: 30 George St E, Havelock

When: 2nd & 4th Friday at 10am

Contact: havelockcentre@outlook.com

Murray Street Baptist Church: 175 Murray Street Free fruit, vegetables, and eggs (while they last)

When: Last Monday of every month at 4:30p.m.

Contact: 705-745-4376

Peterborough Pet Food Bank: Open 8am-8pm daily at 663 Brown St. Peterborough. By appointment only - call (705) 977-2530

Community Care: provides Meals on Wheels (hot and frozen) throughout the City and County of Peterborough.

Call 705-742-7067