



HERBARIUM

STEP BY STEP GUIDE

1. Pick fresh flowers, leaves or other plants. Pick them after any dew or rain has dried to avoid mold.
2. Find a heavy book, a thick sheet of paper such as cardstock, and a piece of parchment or wax paper
3. Arrange your picked specimens on the thick piece of paper. Try to avoid overlapping as they could stick together once dried
4. Open your book to the middle and place your arrangement inside with a piece of parchment or wax paper on top.
5. Gently close the book
6. Wait a week or two until the moisture is gone and open the book to reveal your dried plants and/or flowers.
7. Glue your specimens into a nature journal and include details such as where they were located
8. Voila, you have your own herbarium!

