# June 2019 – Community Food Calendar

## Food Banks in the City of Peterborough

<table>
<thead>
<tr>
<th>Mondays</th>
<th>Tuesdays</th>
<th>Wednesdays</th>
<th>Thursdays</th>
<th>Fridays</th>
<th>Saturdays</th>
<th>Sundays</th>
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</thead>
<tbody>
<tr>
<td>Good Neighbours Care Centre</td>
<td>Good Neighbours Care Centre</td>
<td>Sacred Heart</td>
<td>St. Vincent’s</td>
<td>St. Luke’s</td>
<td>St. Vincent’s</td>
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<tr>
<td>10:00 am – 2:00 pm</td>
<td>10:00 am – 2:00 pm</td>
<td>8:00 am – 10:45 am</td>
<td>9:00 am – 11:30 am</td>
<td>9:30 am – 12:00 pm</td>
<td>9:00 am – 11:30 am</td>
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<tr>
<td>Salvation Army</td>
<td>Salvation Army</td>
<td>St. Vincent’s</td>
<td>Good Neighbours Care Centre</td>
<td>Salvation Army</td>
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<tr>
<td>1:00 pm – 4:00 pm</td>
<td>1:00 pm – 4:00 pm</td>
<td>9:00 am – 11:30 am</td>
<td>10:00 am – 2:00 pm</td>
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## Free Meals in Peterborough

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<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
<th>Supper</th>
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<tbody>
<tr>
<td>Salvation Army</td>
<td>One Roof Community Centre – St. Johns</td>
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<td>8:45 am – 9:45 am</td>
<td>12:00 pm – 1:30 pm</td>
<td>12:00 pm – 1:30 pm</td>
<td>5:00 pm – 6:30 pm</td>
<td>5:00 pm – 6:30 pm</td>
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<td>Lunch</td>
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<td>12:00 pm – 1:30 pm</td>
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## Building Locations

<table>
<thead>
<tr>
<th>Good Neighbors Care Centre</th>
<th>164 Sherbrooke St.</th>
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<tbody>
<tr>
<td>One Roof Community Centre</td>
<td>99 Brock St</td>
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<tr>
<td>Sacred Heart</td>
<td>208 Romaine St. at Aylmer</td>
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<tr>
<td>Salvation Army</td>
<td>219 Simcoe St.</td>
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<tr>
<td>St. Luke’s</td>
<td>566 Armour Rd.</td>
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<tr>
<td>St. Vincent De Paul</td>
<td>256 Murray St</td>
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## Special Meals & Information

**One Roof Community Centre**: Is open every day from noon-7 p.m. Check out the [Warming Room Calendar of Events](#). Visit One Roof online at [www.warmingroom.ca/oneroof](#).

**Salvation Army Breakfast**: Offers a hot and cold alternating breakfast.

**E-Subscribe to Social Services**

Email service is now offered for Peterborough Employment Resource Centre and What’s New on our website! To subscribe, visit our website [www.peterborough.ca/socialservices](#) or subscribe here!
**County of Peterborough Food Banks**

**Asphodel-Norwood Ministerial Food Bank**  
**Location:** Norwood Town Hall, 2357 County Road 45, Norwood  
**When:** 2nd and 4th Thursday each month from 10 a.m. to 12 p.m.  
**Contact:** 705-639-1777 or 705-696-9855

**Bridgenorth Food Cupboard**  
**Location:** Bridgenorth United Church, 832 Charles St., Bridgenorth  
**When:** First 4 Tuesdays of the month 1:00 - 3:00 p.m. (Visits limited to once per month)  
**Contact:** 705-292-9601

**Havelock-Belmont-Methuen Food Bank**  
**Location:** Havelock Town Hall, 10 Oak St. (rear entrance), Havelock  
**When:** 11:00 am - 1:00 pm. Jan. 9, 23, Feb. 6, 20, Mar. 6, 20, Apr. 17, May 15, June 12, July 17, Aug. 14, Sept. 18, Oct. 9, 23, Nov. 6, 20, Dec. 4, 18  
**Contact:** 705-778-2356

**Lakefield Food Bank**  
**Location:** St. John the Baptist Anglican Church, 81 Queen St., Lakefield  
**When:** Every Tuesday from 9:00 - 10:30 a.m.  
**Contact:** 705-652-8302

**Millbrook Food Share**  
**Location:** Old Millbrook School, 1 Dufferin St., Millbrook  
**When:** 2nd, 3rd and 4th Tuesday of each month from 3:00 - 5:00 p.m.  
**Contact:** 705-932-7006

**North Kawartha Food Bank**  
**Location:** 135 Burleigh St., Apsley  
**When:** Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.  
**Contact:** 706-656-1748

**Otonabее-South Monaghan Food Cupboard**  
**Location:** Keene United Church, 30 North St., Keene  
**When:** 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

**Trent Lakes Rural Outreach Centre**  
**Location:** Call 705-768-3590 for location or in case of emergency need.  
**When:** Last Friday of each month from 1:00 pm - 2:00 pm

**Other Food Programs in Peterborough**

**Babies First:** Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.  
**Location:** Peterborough Child and Family Centres, 201 Antrim St  
**When:** Fridays Sept.-June from 10 a.m. – 2 p.m.  
**Contact:** PCFC to Register 705-748-9144

**Come Cook with Us - Peterborough Public Health**  
Join a free 4 to 5 week cooking class. Share recipes, make a meal, take home cooked food and receive a grocery gift card.  
**When:** 4-5 week sessions occur regularly.  
**Contact:** 705-743-1000 extension 316

**Food for Kids:** School program offering healthy, free food for students on weekdays. Contact your child’s school for more information.

**Gleaning:** Catch a bus to pick free fruits and vegetables at local farms. Contact 705-749-9977

**Nourish Project: Workshops and Community Gardens**  
Cooking Workshop Registration/Information: 705-743-3526  
Community Garden Join or Create: 705-743-3526

**YES Shelter Food Bank: Program for 16-24 years old**  
**Location:** 196 Brock Street. Contact 705-748-3851  
**When:** Tues. & Thurs.: 12:00 - 3:00 pm & Sat. 12:00 - 2:00 pm

**YWCA Just Food Boxes**  
**Small-large Staples Box:** fresh produce packaged groceries.  
**Small-large Fresh Produce Box:** fresh fruits and veggies  
**Location:** 216 Simcoe Street  
**Contact:** Please call ahead 705-743-3526

**Peterborough Pet Food Bank**  
**Contact:** 705-772-3573 for more information.

Contact us if you see something wrong on the Food Calendar: ckawalec@peterborough.ca