

July 2019 – Community Food Calendar

Peterborough Social Services
Helping people, changing lives.

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
Food Banks in the City of Peterborough						
Good Neighbours Care Centre 10:00 am – 2:00 pm		Sacred Heart 8:00 am – 10:45 am St. Vincent's 9:00 am - 11:30 am Good Neighbours Care Centre 10:00 am – 2:00 pm	St. Vincent's 9:00 am - 11:30 am	St. Luke's 9:30 am- 12:00 pm St. Vincent's 9:00 am -11:30 am Good Neighbours Care Centre 10:00 am – 2:00 pm	St. Vincent's 9:00 am - 11:30 am	
Salvation Army 1:00 pm – 4:00 pm	Salvation Army 1:00 pm – 4:00 pm	Salvation Army 1:00 pm – 4:00 pm	Salvation Army 1:00 pm – 4:00 pm			
Free Meals in Peterborough						
Breakfast Salvation Army 8:45 -9:45 am	Breakfast Salvation Army 8:45 -9:45 am	Breakfast Salvation Army 8:45 -9:45 am	Breakfast Salvation Army 8:45 -9:45 am	Breakfast Salvation Army 8:45 -9:45 am	Supper (3rd Saturday each Month) Saint Lukes Anglican Church Community Meal 5:00 pm – 6:30 pm	Bagged Lunch Seeds of Change, 534 George St. N. 12 – 2 p.m.
Lunch One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	Lunch One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	Lunch One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	Lunch One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	Lunch One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm		
Supper One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	Supper One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	Supper One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	Supper One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	Supper One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	Supper One Roof Community Centre – St. Johns 5:00 pm -6:30 pm	Supper One Roof Community Centre – St. Johns 5:00 pm - 6:30 pm

Special Meals & Information

One Roof Community Centre: Is open every day from noon-7 p.m.

Check out the [Warming Room Calendar of Events](#)

Visit One Roof online at www.warmingroom.ca/onerof



Salvation Army Breakfast: Offers a hot and cold alternating breakfast.

E-Subscribe to Social Services

Email service is now offered for Peterborough Employment Resource Centre and What's New on our website! To subscribe, visit our website www.peterborough.ca/socialservices or subscribe here!

Building Locations

Good Neighbors Care Centre	164 Sherbrooke St.
One Roof Community Centre	99 Brock St
Sacred Heart	208 Romaine St. at Aylmer
Salvation Army	219 Simcoe St.
St. Luke's	566 Armour Rd.
St. Vincent De Paul	256 Murray St

County of Peterborough Food Banks

Asphodel-Norwood Ministerial Food Bank

Location: Norwood Town Hall, 2357 County Road 45, Norwood

When: 2nd and 4th Thursday each month from 10 a.m. to 12 p.m.

Contact: 705-639-1777 or 705-696-9855

Bridgenorth Food Cupboard

Location: Bridgenorth United Church, 832 Charles St., Bridgenorth

When: First 4 Tuesdays of the month 1:00 - 3:00 p.m. (Visits limited to once per month).

Contact: 705-292-9601

Havelock-Belmont-Methuen Food Bank

Location: Havelock Town Hall, 10 Oak St. (rear entrance), Havelock

When: 11:00 am - 1:00 pm. Jan. 9,23, Feb. 6, 20, Mar. 6, 20, Apr. 17, May 15, June 12, July 17, Aug. 14, Sept. 18, Oct. 9, 23, Nov. 6, 20, Dec. 4, 18

Contact: 705-778-2356

Lakefield Food Bank

Location: St. John the Baptist Anglican Church, 81 Queen St., Lakefield

When: Every Tuesday from 9:00 - 10:30 a.m.

Contact: 705-652-8302

Millbrook Food Share

Location: Old Millbrook School, 1 Dufferin St., Millbrook

When: 2nd, 3rd and 4th Tuesday of each month from 3:00 - 5:00 p.m.

Contact: 705-932-7006

North Kawartha Food Bank

Location: 135 Burleigh St., Apsley

When: Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

Contact: 706-656-1748

Otonabee-South Monaghan Food Cupboard

Location: Keene United Church, 30 North St., Keene

When: 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

Trent Lakes Rural Outreach Centre

Location: Call 705-768-3590 for location or in case of emergency need.

When: Last Friday of each month from 1:00 pm - 2:00 pm

Other Food Programs in Peterborough

Babies First: Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

Location: Peterborough Child and Family Centres,
201 Antrim St

When: Fridays Sept.-June from 10 a.m. – 2 p.m.

Contact: PCFC to Register 705-748-9144

Come Cook with Us - Peterborough Public Health

Join a free 4 to 5 week cooking class. Share recipes, make a meal, take home cooked food and receive a grocery gift card.

When: 4-5 week sessions occur regularly.

Contact: 705-743-1000 extension 316

Food for Kids: School program offering healthy, free food for students on weekdays. Contact your child's school for more information.

Gleaning: Catch a bus to pick free fruits and vegetables at local farms. Contact 705-749-9977

Nourish Project: Workshops and Community Gardens

Cooking Workshop Registration/Information: 705-743-3526

Community Garden Join or Create: 705-743-3526

YES Shelter Food Bank: Program for 16-24 years old

Location: 196 Brock Street. Contact 705-748-3851

When: Tues. & Thurs.: 12:00 - 3:00 pm & Sat. 12:00 -2:00 pm

YWCA Just Food Boxes

Small-large Staples Box: fresh produce packaged groceries.

Small-large Fresh Produce Box: fresh fruits and veggies

Location: 216 Simcoe Street

Contact: Please call ahead 705-743-3526

Peterborough Pet Food Bank

Contact: 705-772-3573 for more information.

Contact us if you see something wrong on the Food Calendar: ckawalec@peterborough.ca