

# January 2022 – Community Food Calendar

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>Food Banks in the City of Peterborough</b>						
<b>Good Neighbours Care Centre</b> 10:00 am – 2:00 pm		<b>Sacred Heart</b> 8:00 am - 10:45 am  <b>St. Vincent's</b> 9:00 am - 11:30 am		<b>St. Luke's</b> 10:30 am- 1:00 pm	<b>St. Vincent's</b> 9:00 am - 11:30 am	
<b>Salvation Army</b> 10:30 am – 11:45 am 1:00 pm - 3:30 pm	<b>Salvation Army</b> 10:00 am – 11:45 am 1:00 pm - 3:30 pm	<b>Good Neighbours</b> 10:00 am – 2:00 pm <b>Salvation Army</b> 10:30 am – 11:45 am 1:00 pm - 3:30 pm	<b>Salvation Army</b> 10:00 am – 11:45 am 1:00 pm - 3:30 pm	<b>Good Neighbours</b> 10:00 am – 2:00 pm		
<b>Free Meals in Peterborough</b>						
<b>Take Away Breakfast</b> Salvation Army 9:00 - 10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00-10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00 - 10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00-10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00 - 10:00 am		
<b>Take Away Lunch</b> One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	<b>Take Away Lunch</b> One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	<b>Take Away Lunch</b> One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	<b>Take Away Lunch</b> One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	<b>Take Away Lunch</b> One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	<b>Take Away Lunch</b> One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm  Saint Lukes Anglican Church Community Meal (3 <sup>rd</sup> Sat. N/A Jul-Aug) <b>CANCELLED</b>	<b>Take Away Lunch</b> One Roof Community Centre - St. Johns 1:00 pm- 2:00 pm

## Special Meals & Information

**One Roof Community Centre:** Is currently offering take-away lunches daily. Drop-in 3-7 p.m.

**St. Luke's Food Bank** will be open Dec. 23 and closed Dec. 24 - Jan. 6, 2022

**Community Care:** Provides Meals on Wheels for seniors. Call 705-775-3083 x. 207

**Salvation Army Breakfast:** Take away breakfast - 19 Simcoe St. parking lot. Not offered Dec. 27- Jan. 2

**COVID19 Grocer Information** [www.peterborough.ca/en/city-services/grocery-pharmacy-resources-during-covid-19.aspx](http://www.peterborough.ca/en/city-services/grocery-pharmacy-resources-during-covid-19.aspx)

**Find Food Support Online:** Visit [Social Services Food Support](http://www.peterborough.ca/foodcalendar) [www.peterborough.ca/foodcalendar](http://www.peterborough.ca/foodcalendar)

Building Locations	
Bridge Unlimited Centre	256 Brock St.
Good Neighbors Care Centre	164 Sherbrooke St.
One Roof Community Centre	99 Brock St
Sacred Heart	208 Romaine St. at Aylmer
Salvation Army	219 Simcoe St.
St. Luke's	566 Armour Rd.
St. Vincent De Paul	256 Murray St

## County of Peterborough Food Banks

### Asphodel-Norwood Ministerial Association Food Bank

**Location:** Norwood Town Hall, 2357 County Road 45, Norwood

**When:** 2<sup>nd</sup> and 4<sup>th</sup> Thursday each month (except Dec. - 2<sup>nd</sup> & 3<sup>rd</sup> Thursday) from 11 a.m. to 3 p.m. by appointment

**Contact:** 705-639-1777 or 705-957-4351

### Bridgenorth Food Bank

**Location:** Bridgenorth United Church, 832 Charles St., Bridgenorth

**When:** Every Tuesday from 1:00 - 3:00 p.m. (Visits limited to once per month).

**Contact:** 705-292-9601

### Havelock-Belmont-Methuen Food Bank

**Location:** Havelock Town Hall, 10 Oak St. (rear entrance), Havelock

**When:** 11:00 am - 1:00 pm: Apr. 7 & 21, May 12 & 26, June 16, July 14, Aug. 18, Sept. 15, Oct. 6 & 20.

1:00 pm - 3:00 pm: Jan. 6 & 20, Feb. 10 & 24, Mar. 10 & 24, Nov. 10 & 24, Dec. 8 & 22

**Contact:** 705-778-2356

### Lakefield Food Bank

**Location:** St. John the Baptist Anglican Church, 81 Queen St., Lakefield

**When:** Every Tuesday from 9:00 - 10:30 a.m.

**Contact:** 705-652-8302

### Millbrook Food Share:

**Location:** Old Millbrook School, 1 Dufferin St., Millbrook

**When:** 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Tuesday of each month from 3:00 - 5:00 p.m.

**Contact:** 705-932-7006 or email: [acorn1920@gmail.com](mailto:acorn1920@gmail.com)

### North Kawartha Food Bank

**Location:** 135 Burleigh St., Apsley (north end of Royal Bank ATM building)

**When:** Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

**Contact:** 706-656-1748

### Otonabee-South Monaghan Food Cupboard

**Location:** Keene United Church, 30 North St., Keene

**When:** 2<sup>nd</sup> Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

**Contact:** 705-295-6952 or email [osmfoodcupboard@nexicom.net](mailto:osmfoodcupboard@nexicom.net)

### Trent Lakes Rural Outreach Centre

**Location:** 259 Lakehurst Circle Rd. Please Call 705-768-3590 to arrange access.

**When:** Oct. 26, Nov. 29, Dec. 20 from 12:00 p.m. - 1:00 pm

## Other Food Programs in Peterborough

### Babies First:

Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

**Location:** Peterborough Child & Family Centres, 201 Antrim St.

**When:** Fridays Sept.-June from 10 a.m. – 1 p.m.

**Contact:** PCFC to Register 705-748-9144

### Come Cook with Us - Peterborough Public Health

Join a free virtual cooking class.

**Contact:** 705-743-1000 extension 210

### Food for Kids:

School program offering healthy, free food for students on weekdays. Contact your child's school.

### Gleaning:

Catch a bus to pick free fruits and vegetables at local farms.

Contact 705-749-9977

### Nourish Project: Workshops, Community Gardens and Food Boxes

Cooking Workshop Registration/Information

City: 705-743-3526 ext.105 or [cooking@nourishproject.ca](mailto:cooking@nourishproject.ca)

County: 705-743-3526 ext. 115 or [county@nourishproject.ca](mailto:county@nourishproject.ca)

Community Gardens: 705-743-3526 ext. 115

[growing@nourishproject.ca](mailto:growing@nourishproject.ca)

Nourish Food Box Program: 705-743-3526 ext. 105 or

[foodbox@nourishproject.ca](mailto:foodbox@nourishproject.ca)

### YES Shelter Food Bank: Program for 16-24 years old

**Location:** 196 Brock Street. Contact 705-748-3851

**When:** Tues. & Thurs.: 12:00 - 3:00 pm & Sat. 12:00 -2:00 pm

### Peterborough Pet Food Bank

**Contact:** 705-772-3573 for more information.

Contact us if you see something wrong on the Food Calendar: [ckawalec@peterborough.ca](mailto:ckawalec@peterborough.ca)