

December 2021 – Community Food Calendar

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
Food Banks in the City of Peterborough						
Good Neighbours Care Centre 10:00 am – 2:00 pm		Sacred Heart 8:00 am - 10:45 am St. Vincent's 9:00 am - 11:30 am		St. Luke's 10:30 am- 1:00 pm	St. Vincent's 9:00 am - 11:30 am	
Salvation Army 10:30 am – 11:45 am 1:00 pm - 3:30 pm	Salvation Army 10:00 am – 11:45 am 1:00 pm - 3:30 pm	Good Neighbours 10:00 am – 2:00 pm Salvation Army 10:30 am – 11:45 am 1:00 pm - 3:30 pm	Salvation Army 10:00 am – 11:45 am 1:00 pm - 3:30 pm	Good Neighbours 10:00 am – 2:00 pm		
Free Meals in Peterborough						
Take Away Breakfast Salvation Army 9:00 - 10:00 am	Take Away Breakfast Salvation Army 9:00-10:00 am	Take Away Breakfast Salvation Army 9:00 - 10:00 am	Take Away Breakfast Salvation Army 9:00-10:00 am	Take Away Breakfast Salvation Army 9:00 - 10:00 am		
Take Away Lunch One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	Take Away Lunch One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	Take Away Lunch One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	Take Away Lunch One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	Take Away Lunch One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	Take Away Lunch One Roof Community Centre – St. Johns 1:00 pm – 2:00 pm	Take Away Lunch One Roof Community Centre - St. Johns 1:00 pm- 2:00 pm
					Saint Lukes Anglican Church Community Meal (3 rd Sat. N/A Jul-Aug) CANCELLED	

Special Meals & Information

One Roof Community Centre: Is currently offering take-away lunches daily. Drop-in 3-7 p.m.

St. Luke's Food Bank will be open Dec. 23 and closed Dec. 24 - Jan. 6, 2022

Community Care: Provides Meals on Wheels for seniors. Call 705-775-3083 x. 207

Salvation Army Breakfast: Take away breakfast - 19 Simcoe St. parking lot. Not offered Dec. 27- Jan. 2

COVID19 Grocer Information www.peterborough.ca/en/city-services/grocery-pharmacy-resources-during-covid-19.aspx

Find Food Support Online: Visit [Social Services Food Support](http://www.peterborough.ca/foodcalendar) www.peterborough.ca/foodcalendar

Building Locations	
Bridge Unlimited Centre	256 Brock St.
Good Neighbors Care Centre	164 Sherbrooke St.
One Roof Community Centre	99 Brock St
Sacred Heart	208 Romaine St. at Aylmer
Salvation Army	219 Simcoe St.
St. Luke's	566 Armour Rd.
St. Vincent De Paul	256 Murray St

County of Peterborough Food Banks

Asphodel-Norwood Ministerial Association Food Bank

Location: Norwood Town Hall, 2357 County Road 45, Norwood

When: 2nd and 4th Thursday each month (except Dec. - 2nd & 3rd Thursday) from 11 a.m. to 3 p.m. by appointment

Contact: 705-639-1777 or 705-957-4351

Bridgenorth Food Bank

Location: Bridgenorth United Church, 832 Charles St., Bridgenorth

When: Every Tuesday from 1:00 - 3:00 p.m. (Visits limited to once per month).

Contact: 705-292-9601

Havelock-Belmont-Methuen Food Bank

Location: Havelock Town Hall, 10 Oak St. (rear entrance), Havelock

When: 11:00 am - 1:00 pm: Apr. 7 & 21, May 12 & 26, June 16, July 14, Aug. 18, Sept. 15, Oct. 6 & 20.

1:00 pm - 3:00 pm: Jan. 6 & 20, Feb. 10 & 24, Mar. 10 & 24, Nov. 10 & 24, Dec. 8 & 22

Contact: 705-778-2356

Lakefield Food Bank

Location: St. John the Baptist Anglican Church, 81 Queen St., Lakefield

When: Every Tuesday from 9:00 - 10:30 a.m.

Contact: 705-652-8302

Millbrook Food Share:

Location: Old Millbrook School, 1 Dufferin St., Millbrook

When: 2nd, 3rd and 4th Tuesday of each month from 3:00 - 5:00 p.m.

Contact: 705-932-7006 or email: acorn1920@gmail.com

North Kawartha Food Bank

Location: 135 Burleigh St., Apsley (north end of Royal Bank ATM building)

When: Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

Contact: 706-656-1748

Otonabee-South Monaghan Food Cupboard

Location: Keene United Church, 30 North St., Keene

When: 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

Contact: 705-295-6952 or email osmfoodcupboard@nexicom.net

Trent Lakes Rural Outreach Centre

Location: 259 Lakehurst Circle Rd. Please Call 705-768-3590 to arrange access.

When: Oct. 26, Nov. 29, Dec. 20 from 12:00 p.m. - 1:00 pm

Other Food Programs in Peterborough

Babies First:

Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

Location: Peterborough Child & Family Centres, 201 Antrim St.

When: Fridays Sept.-June from 10 a.m. – 1 p.m.

Contact: PCFC to Register 705-748-9144

Come Cook with Us - Peterborough Public Health

Join a free virtual cooking class.

Contact: 705-743-1000 extension 210

Food for Kids:

School program offering healthy, free food for students on weekdays. Contact your child's school.

Gleaning:

Catch a bus to pick free fruits and vegetables at local farms.

Contact 705-749-9977

Nourish Project: Workshops, Community Gardens and Food Boxes

Cooking Workshop Registration/Information

City: 705-743-3526 ext.105 or cooking@nourishproject.ca

County: 705-743-3526 ext. 115 or county@nourishproject.ca

Community Gardens: 705-743-3526 ext. 115

growing@nourishproject.ca

Nourish Food Box Program: 705-743-3526 ext. 105 or

foodbox@nourishproject.ca

YES Shelter Food Bank: Program for 16-24 years old

Location: 196 Brock Street. Contact 705-748-3851

When: Tues. & Thurs.: 12:00 - 3:00 pm & Sat. 12:00 -2:00 pm

Peterborough Pet Food Bank

Contact: 705-772-3573 for more information.

Contact us if you see something wrong on the Food Calendar: ckawalec@peterborough.ca