

# February 2024 – Community Food Calendar

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>Food Banks in the City of Peterborough</b>						
<b>Good Neighbours Care Centre</b> 10:00 am – 2:00 pm		<b>Sacred Heart</b> 8:00 am - 10:45 am		<b>St. Luke's</b> 10:30 am- 1:00 pm	<b>St. Vincent's</b> 9:00 am - 11:30 am	
		<b>St. Vincent's</b> 9:00 am - 11:30 am				
<b>Salvation Army</b> 10:30 am – 11:45 am 1:00 pm - 3:30 pm	<b>Salvation Army</b> 10:00 am – 11:45 am 1:00 pm - 3:30 pm	<b>Good Neighbours</b> 10:00 am – 2:00 pm	<b>Salvation Army</b> 10:00 am – 11:45 am 1:00 pm - 3:30 pm	<b>Good Neighbours</b> 10:00 am – 2:00 pm		
<b>Free Meals in Peterborough</b>						
<b>Take Away Breakfast</b> Salvation Army 9:00 - 10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00-10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00 - 10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00-10:00 am	<b>Take Away Breakfast</b> Salvation Army 9:00 - 10:00 am	<b>Murray Street Baptist Church Breakfast</b> 9:00 a.m. (3 <sup>rd</sup> Saturday monthly)	

## Special Meals & Information

**Community Care:** Provides Meals on Wheels for seniors. Call 705-742-7067

**Salvation Army Breakfast:** Take away breakfast - 19 Simcoe St. parking lot.  
(closed from Dec 18 and will reopen January 2)

**Find Food Support Online:** Visit [Social Services Food Support](http://www.peterborough.ca/foodcalendar) [www.peterborough.ca/foodcalendar](http://www.peterborough.ca/foodcalendar)

**Murray Street Baptist Church Breakfast:** 3<sup>rd</sup> Saturday each month. 175 Murray St. Call 705-745-4376

## Building Locations

Good Neighbors Care Centre	164 Sherbrooke St.
Sacred Heart	208 Romaine St. at Aylmer
Salvation Army	219 Simcoe St.
St. Vincent De Paul	256 Murray St
St Luke's	566 Armour Rd

## County of Peterborough Food Banks

### Asphodel-Norwood Ministerial Association Food Bank

**Location:** Norwood Town Hall, 2357 County Road 45, Norwood

**When:** 2<sup>nd</sup> and 4<sup>th</sup> Wednesday each month from 5 p.m. - 6 p.m.

2<sup>nd</sup> and 4<sup>th</sup> Thursday each month from 11 a.m. – 2:30p.m.

**Contact:** 705-639-1777 or 705-957-4351

### Bridgenorth Food Bank

**Location:** Bridgenorth United Church, 832 Charles St., Bridgenorth

**When:** Every Tuesday from 1:00 - 3:00 p.m. (Visits limited to once per month, for Selwyn residents only).

**Contact:** 705-292-9601

### Havelock-Belmont-Methuen Food Bank

**Location:** 10 Oak St. (behind Remax), Havelock

**When: 12:00-2:00 pm:** Jan. 17, Feb. 14, Mar. 13, Apr 17, May 15, Jun. 12, Jul. 17, Aug. 14,

Sep. 18, Oct. 16, Nov. 13, Dec. 18

**Contact:** 705-778-2356

### Lakefield Food Bank

**Location:** St. John the Baptist Anglican Church, 81 Queen St., Lakefield

**When:** Every Tuesday from 9:00 - 10:30 a.m.

**Contact:** 705-652-8302

### Millbrook Food Share:

**Location:** Old Millbrook School, 1 Dufferin St., Millbrook

**When:** 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Tuesday of each month from 3:00 - 5:00 p.m.

**Contact:** 705-932-7066 or email: [acorn1920@gmail.com](mailto:acorn1920@gmail.com)

### North Kawartha Food Bank

**Location:** 135 Burleigh St., Apsley (north end of Royal Bank ATM building)

**When:** Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

**Contact:** 705-656-1748

### Otonabee-South Monaghan Food Cupboard

**Location:** Keene United Church, 30 North St., Keene

**When:** 2<sup>nd</sup> Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

**Contact:** 705-295-6952 or email [osmfoodcupboard@gmail.com](mailto:osmfoodcupboard@gmail.com)

### Trent Lakes Rural Outreach Centre

**Location:** 259 Lakehurst Circle Rd. **Please call 705-768-3590 to arrange access.**

**When:** Jan 29, Feb 26, Mar 25, Apr 29, May 27, Jun 24, Jul 29, Aug 26, Sep 30, Oct 28, Nov 25, Dec 16 12:00 p.m. - 1:00 p.m.

## Other Food Programs in Peterborough

### Babies First:

Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

**Location:** Peterborough Child & Family Centres, 201 Antrim St.

**When:** Fridays Sept.- June from 10 a.m. – 1 p.m.

**Contact:** PCFC to Register 705-748-9144

### Come Cook with Us - Peterborough Public Health

Join a free virtual cooking class.

**Contact:** 705-743-1000 extension 316

### Food for Kids:

School program offering healthy, free food for students on weekdays. Contact your child's school.

### Gleaning:

Catch a bus to pick free fruits and vegetables at local farms.

Contact 705-749-9977

### Murray Street Baptist Church: 175 Murray Street

Free fruit, vegetables, and eggs (while they last)

**When:** Last Monday of every month at 4:30p.m.

**Contact:** 705-745-4376

### Nourish Project: Workshops, Community Gardens, FoodBoxes

**Cooking Workshop Registration/Information**

City: 705-743-3526 ext.105 or [cooking@nourishproject.ca](mailto:cooking@nourishproject.ca)

**Community Gardens:** 705-743-3526 ext. 115

[growing@nourishproject.ca](mailto:growing@nourishproject.ca)

**Nourish Food Box Program:** 705-743-3526 ext. 105 or

[foodbox@nourishproject.ca](mailto:foodbox@nourishproject.ca)

### YES Shelter Food Bank: Program for 16-24 years old

**Location:** 196 Brock Street. Contact 705-748-3851

**When:** Tues. & Thurs.: 12:00 - 3:00 pm & Sat. 12:00 -2:00 pm

**Peterborough Pet Food Bank:** Every Wednesday from 10:30 to noon at Murray Street Baptist Church.