

# May 2019 – Community Food Calendar

Peterborough Social Services  
Helping people, changing lives.

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>Food Banks in the City of Peterborough</b>						
<b>Good Neighbours Care Centre</b> 10:00 am – 2:00 pm		<b>Sacred Heart</b> 8:00 am – 10:45 am  <b>St. Vincent's</b> 9:00 am - 11:30 am  <b>Good Neighbours Care Centre</b> 10:00 am – 2:00 pm	<b>St. Vincent's</b> 9:00 am - 11:30 am	<b>St. Luke's</b> 9:30 am- 12:00 pm  <b>St. Vincent's</b> 9:00 am -11:30 am  <b>Good Neighbours Care Centre</b> 10:00 am – 2:00 pm	<b>St. Vincent's</b> 9:00 am - 11:30 am	
<b>Salvation Army</b> 1:00 pm – 4:00 pm	<b>Salvation Army</b> 1:00 pm – 4:00 pm	<b>Salvation Army</b> 1:00 pm – 4:00 pm	<b>Salvation Army</b> 1:00 pm – 4:00 pm			

<b>Free Meals in Peterborough</b>						
<b>Breakfast</b> Salvation Army 8:45 -9:45 am	<b>Breakfast</b> Salvation Army 8:45 -9:45 am	<b>Breakfast</b> Salvation Army 8:45 -9:45 am	<b>Breakfast</b> Salvation Army 8:45 -9:45 am	<b>Breakfast</b> Salvation Army 8:45 -9:45 am	<b>Supper (3<sup>rd</sup> Saturday each Month)</b> Saint Lukes Anglican Church Community Meal 5:00 pm – 6:30 pm	
<b>Lunch</b> One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	<b>Lunch</b> One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	<b>Lunch</b> One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	<b>Lunch</b> One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm	<b>Lunch</b> One Roof Community Centre – St. Johns 12:00 pm – 1:30 pm		<b>Bagged Lunch</b> Seeds of Change, 534 George St. N. 12 – 2 p.m.
<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm – 6:30 pm	<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm -6:30 pm	<b>Supper</b> One Roof Community Centre – St. Johns 5:00 pm - 6:30 pm

## Special Meals & Information

**One Roof Community Centre:** Is open every day from noon-7 p.m.

Check out the [Warming Room Calendar of Events](#)

Visit One Roof online at [www.warmingroom.ca/onerof](http://www.warmingroom.ca/onerof)



## E-Subscribe to Social Services

Email service is now offered for Peterborough Employment Resource Centre and What's New on our website! To subscribe, visit our website [www.peterborough.ca/socialservices](http://www.peterborough.ca/socialservices) or subscribe here!

## Building Locations

Good Neighbors Care	164 Sherbrooke St.
One Roof Community Centre	99 Brock St
Sacred Heart	208 Romaine St. at Aylmer
Salvation Army	219 Simcoe St.
St. Luke's	566 Armour Rd.
St. Vincent De Paul	256 Murray St

## County of Peterborough Food Banks

### Asphodel-Norwood Ministerial Food Bank

**Location:** Norwood Town Hall, 2357 County Road 45, Norwood

**When:** 2<sup>nd</sup> and 4<sup>th</sup> Thursday each month from 10 a.m. to 12 p.m.

**Contact:** 705-639-1777 or 705-696-9855

### Bridgenorth Food Cupboard

**Location:** Bridgenorth United Church, 832 Charles St., Bridgenorth

**When:** First 4 Tuesdays of the month 1:00 - 3:00 p.m. (Visits limited to once per month).

**Contact:** 705-292-9601

### Havelock-Belmont-Methuen Food Bank

**Location:** Havelock Town Hall, 10 Oak St. (rear entrance), Havelock

**When:** 11:00 am - 1:00 pm. Contact number below for dates.

**Contact:** 705-778-2356

### Lakefield Food Bank

**Location:** St. John the Baptist Anglican Church, 81 Queen St., Lakefield

**When:** Every Tuesday from 9:00 - 10:30 a.m.

**Contact:** 705-652-8302

### Millbrook Food Share

**Location:** Old Millbrook School, 1 Dufferin St., Millbrook

**When:** 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Tuesday of each month from 3:00 - 5:00 p.m.

**Contact:** 705-932-7006

### North Kawartha Food Bank

**Location:** 135 Burleigh St., Apsley

**When:** Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.

**Contact:** 706-656-1748

### Otonabee-South Monaghan Food Cupboard

**Location:** Keene United Church, 30 North St., Keene

**When:** 2<sup>nd</sup> Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.

### Trent Lakes Rural Outreach Centre

**Location:** Call 705-768-3590 for location or in case of emergency need.

**When:** Last Friday of each month from 1:00 pm - 2:00 pm

Contact us if you see something wrong on the Food Calendar: [ckawalec@peterborough.ca](mailto:ckawalec@peterborough.ca)

## Other Food Programs in Peterborough

**Babies First:** Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.

**Location:** Peterborough Child and Family Centres,  
201 Antrim St

**When:** Fridays Sept.-June from 10 a.m. – 2 p.m.

**Contact:** PCFC to Register 705-748-9144

### Come Cook with Us - Peterborough Public Health

Join a free 4 to 5 week cooking class. Share recipes, make a meal, take home cooked food and receive a grocery gift card.

**When:** 4-5 week sessions occur regularly.

**Contact:** 705-743-1000 extension 316

**Food for Kids:** School program offering healthy, free food for students on weekdays. Contact your child's school for more information.

**Gleaning:** Catch a bus to pick free fruits and vegetables at local farms. Contact 705-749-9977

### Nourish Project: Workshops and Community Gardens

Cooking Workshop Registration/Information: 705-743-3526

Community Garden Join or Create: 705-743-3526

### YES Shelter Food Bank: Program for 16-24 years old

**Location:** 196 Brock Street. Contact 705-748-3851

**When:** Tues. & Thurs.: 12:00 - 3:00 pm & Sat. 12:00 -2:00 pm

### YWCA Just Food Boxes

**Small-large Staples Box:** fresh produce packaged groceries.

**Small-large Fresh Produce Box:** fresh fruits and veggies

**Location:** 216 Simcoe Street

**Contact:** Please call ahead 705-743-3526

### Peterborough Pet Food Bank

**Location:** Emmanuel United Church E., 534 George St. N.

**When:** Fridays 11:00am - 1:00 pm, enter McDonnell St. door.

**Contact:** 705-772-3573 for more information.