

I'm Ready to Help

Hi my name is _____

I'm your neighbour and I'm available to help you (for free) with:

Grocery delivery

Daily chat

Yard work

Your pets

Other _____

If I can help you, contact me at _____

Please keep my phone number, in case something comes up in the future.



Neighbours for Neighbours
Age-friendly Peterborough
www.peterborough.ca/aging
jculbert@peterborough.ca

AFP would like to acknowledge www.ReadyToCare.com for the concept of the Neighbour card

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