











**CYCLING & TRANSIT  
ROUTES TO PETERBOROUGH  
REGIONAL HEALTH CENTRE**

-  Bus Terminal
-  Bus Stop
-  Transit Route 4
-  Transit Route 5
-  Bicycle Lane
-  Gravel Trail
-  Paved Trail
-  Connecting Route

## Transit Schedule - Peterborough Regional Health Centre

	Route 4			
	Depart Terminal	Glenforest Blvd	PHRC	Arrive Terminal
<b>Monday to Friday</b>	6:00 AM	6:20 AM	6:22 AM	6:40 AM
	6:40 AM	7:00 AM	7:02 AM	7:20 AM
	7:20 AM	7:40 AM	7:42 AM	8:00 AM
	8:00 AM	8:20 AM	8:22 AM	8:40 AM
	8:40 AM	9:00 AM	9:02 AM	9:20 AM
	9:20 AM	9:40 AM	9:42 AM	10:00 AM
	10:00 AM	10:20 AM	10:22 AM	10:40 AM
	10:40 AM	11:00 AM	11:02 AM	11:20 AM
	11:20 AM	11:40 AM	11:42 AM	12:00 PM
	12:00 PM	12:20 PM	12:22 PM	12:40 PM
	12:40 PM	1:00 PM	1:02 PM	1:20 PM
	1:20 PM	1:40 PM	1:42 PM	2:00 PM
	2:00 PM	2:20 PM	2:22 PM	2:40 PM
	2:40 PM	3:00 PM	3:02 PM	4:00 PM
	3:20 PM	3:40 PM	3:42 PM	3:20 PM
	4:00 PM	4:20 PM	4:22 AM	4:40 PM
	4:40 PM	5:00 PM	5:02 PM	5:20 PM
5:20 PM	5:40 PM	5:42 PM	6:00 PM	
6:00 PM	6:20 PM	6:22 PM	6:40 PM	
6:40 PM	7:00 PM	7:02 PM	7:20 PM	
7:20 PM	7:40 PM	7:42 PM	8:00 PM	
8:00 PM	8:20 PM	8:22 PM	8:40 PM	
8:40 PM	9:00 PM	9:02 PM	9:20 PM	
9:20 PM	9:40 PM	9:42 PM	10:00 PM	
10:00 PM	10:20 PM	10:22 PM	10:40 PM	
10:40 PM	11:00 PM	11:02 PM	11:20 PM	
<b>Saturday</b>	6:40 AM	7:00 AM	7:02 AM	7:20 AM
	7:20 AM	7:40 AM	7:42 AM	8:00 AM
	8:00 AM	8:20 AM	8:22 AM	8:40 AM
	8:40 AM	9:00 AM	9:02 AM	9:20 AM
	9:20 AM	9:40 AM	9:42 AM	10:00 AM
	10:00 AM	10:20 AM	10:22 AM	10:40 AM
	10:40 AM	11:00 AM	11:02 AM	11:20 AM
	11:20 AM	11:40 AM	11:42 AM	12:00 PM
	12:00 PM	12:20 PM	12:22 PM	12:40 PM
	12:40 PM	1:00 PM	1:02 PM	1:20 PM
	1:20 PM	1:40 PM	1:42 PM	2:00 PM
	2:00 PM	2:20 PM	2:22 PM	2:40 PM
	2:40 PM	3:00 PM	3:02 PM	3:20 PM
	3:20 PM	3:40 PM	3:42 PM	4:00 PM
	4:00 PM	4:20 PM	4:22 PM	4:40 PM
	4:40 PM	5:00 PM	5:02 PM	5:20 PM
	5:20 PM	5:40 PM	5:42 PM	6:00 PM
6:00 PM	6:20 PM	6:22 PM	6:40 PM	
6:40 PM	7:00 PM	7:02 PM	7:20 PM	
7:20 PM	7:40 PM	7:42 PM	8:00 PM	
8:00 PM	8:20 PM	8:22 PM	8:40 PM	
8:40 PM	9:00 PM	9:02 PM	9:20 PM	
9:20 PM	9:40 PM	9:42 PM	10:00 PM	
10:00 PM	10:20 PM	10:22 PM	10:40 PM	
10:40 PM	11:00 PM	11:02 PM	11:20 PM	
<b>Sunday</b>	8:00 AM	8:20 AM	8:22 AM	8:40 AM
	8:40 AM	9:00 AM	9:02 AM	9:20 AM
	9:20 AM	9:40 AM	9:42 AM	10:00 AM
	10:00 AM	10:20 AM	10:22 AM	10:40 AM
	10:40 AM	11:00 AM	11:02 AM	11:20 AM
	11:20 AM	11:40 AM	11:42 AM	12:00 PM
	12:00 PM	12:20 PM	12:22 PM	12:40 PM
	12:40 PM	1:00 PM	1:02 PM	1:20 PM
	1:20 PM	1:40 PM	1:42 PM	2:00 PM
	2:00 PM	2:20 PM	2:22 PM	2:40 PM
	2:40 PM	3:00 PM	3:02 PM	3:20 PM
	3:20 PM	3:40 PM	3:42 PM	4:00 PM
	4:00 PM	4:20 PM	4:22 PM	4:40 PM
	4:40 PM	5:00 PM	5:02 PM	5:20 PM
	5:20 PM	5:40 PM	5:42 PM	6:00 PM
	6:00 PM	6:20 PM	6:22 PM	6:40 PM
	6:40 PM	7:00 PM	7:02 PM	7:20 PM

	Route 5			
	Depart Terminal	PHRC	Parkway Plaza	Arrive Terminal
<b>Monday to Friday</b>	6:00 AM	6:05 AM	6:20 AM	6:40 AM
	6:40 AM	6:45 AM	7:00 AM	7:20 AM
	7:20 AM	7:25 AM	7:40 AM	8:00 AM
	8:00 AM	8:05 AM	8:20 AM	8:40 AM
	8:40 AM	8:45 AM	9:00 AM	9:20 AM
	9:20 AM	9:25 AM	9:40 AM	10:00 AM
	10:00 AM	10:05 AM	10:20 AM	10:40 AM
	10:40 AM	10:45 AM	11:00 AM	11:20 AM
	11:20 AM	11:25 AM	11:40 AM	12:00 PM
	12:00 PM	12:05 PM	12:20 PM	12:40 PM
	12:40 PM	12:45 PM	1:00 PM	1:20 PM
	1:20 PM	1:25 PM	1:40 PM	2:00 PM
	2:00 PM	2:05 PM	2:20 PM	2:40 PM
	2:40 AM	2:45 AM	3:00 PM	4:00 PM
	3:20 PM	3:25 PM	3:40 PM	3:20 PM
	4:00 PM	4:05 PM	4:20 PM	4:40 PM
	4:40 PM	4:45 PM	5:00 PM	5:20 PM
5:20 PM	5:25 PM	5:40 PM	6:00 PM	
6:00 PM	6:05 PM	6:20 PM	6:40 PM	
6:40 PM	6:45 PM	7:00 PM	7:20 PM	
7:20 PM	7:25 PM	7:40 PM	8:00 PM	
8:00 PM	8:05 PM	8:20 PM	8:40 PM	
8:40 PM	8:45 PM	9:00 PM	9:20 PM	
9:20 PM	9:25 PM	9:40 PM	10:00 PM	
10:00 PM	10:05 PM	10:20 PM	10:40 PM	
10:40 PM	10:45 PM	11:00 PM	11:20 PM	
<b>Saturday</b>	6:40 AM	6:45 AM	7:00 AM	7:20 AM
	7:20 AM	7:25 AM	7:40 AM	8:00 AM
	8:00 AM	8:05 AM	8:20 AM	8:40 AM
	8:40 AM	8:45 AM	9:00 AM	9:20 AM
	9:20 AM	9:25 AM	9:40 AM	10:00 AM
	10:00 AM	10:05 AM	10:20 AM	10:40 AM
	10:40 AM	10:45 AM	11:00 AM	11:20 AM
	11:20 AM	11:25 AM	11:40 AM	12:00 PM
	12:00 PM	12:05 PM	12:20 PM	12:40 PM
	12:40 PM	12:45 PM	1:00 PM	1:20 PM
	1:20 PM	1:25 PM	1:40 PM	2:00 PM
	2:00 PM	2:05 PM	2:20 PM	2:40 PM
	2:40 PM	2:45 PM	3:00 PM	3:20 PM
	3:20 PM	3:25 PM	3:40 PM	4:00 PM
	4:00 PM	4:05 PM	4:20 PM	4:40 PM
	4:40 PM	4:45 PM	5:00 PM	5:20 PM
	5:20 PM	5:25 PM	5:40 PM	6:00 PM
6:00 PM	6:05 PM	6:20 PM	6:40 PM	
6:40 PM	6:45 PM	7:00 PM	7:20 PM	
7:20 PM	7:25 PM	7:40 PM	8:00 PM	
8:00 PM	8:05 PM	8:20 PM	8:40 PM	
8:40 PM	8:45 PM	9:00 PM	9:20 PM	
9:20 PM	9:25 PM	9:40 PM	10:00 PM	
10:00 PM	10:05 PM	10:20 PM	10:40 PM	
10:40 PM	10:45 PM	11:00 PM	11:20 PM	
<b>Sunday</b>	8:00 AM	8:05 AM	8:20 AM	8:40 AM
	8:40 AM	8:45 AM	9:00 AM	9:20 AM
	9:20 AM	9:25 AM	9:40 AM	10:00 AM
	10:00 AM	10:05 AM	10:20 AM	10:40 AM
	10:40 AM	10:45 AM	11:00 AM	11:20 AM
	11:20 AM	11:25 AM	11:40 AM	12:00 PM
	12:00 PM	12:05 PM	12:20 PM	12:40 PM
	12:40 PM	12:45 PM	1:00 PM	1:20 PM
	1:20 PM	1:25 PM	1:40 PM	2:00 PM
	2:00 PM	2:05 PM	2:20 PM	2:40 PM
	2:40 PM	2:45 PM	3:00 PM	3:20 PM
	3:20 PM	3:25 PM	3:40 PM	4:00 PM
	4:00 PM	4:05 PM	4:20 PM	4:40 PM
	4:40 PM	4:45 PM	5:00 PM	5:20 PM
	5:20 PM	5:25 PM	5:40 PM	6:00 PM
	6:00 PM	6:05 PM	6:20 PM	6:40 PM
	6:40 PM	6:45 PM	7:00 PM	7:20 PM