



City of  
Peterborough

Community Services Department  
Recreation Division

## **News Release**

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## **HIGH FIVE Sport Trainer Workshop**

***We are committed to Quality***

Parks and Recreation Ontario implemented HIGH FIVE in 1994 to value children and to acknowledge the impact of recreation and sport on children ages 6 to 12 years. **HIGH FIVE** is committed to helping children along the path of healthy child development.

The City of Peterborough, Recreation Division is an Authorized Training Provider for **HIGH FIVE** programs, and is pleased to be offering a workshop this fall for the Peterborough community and surrounding areas.

The **Sport Trainer** workshop outlines the quality assurance standards designed to support the safety, well-being and healthy development of child who participates in recreation and sport programs. This workshop is designed to help coaches put children first. The workshop will assist coaches in helping children develop in a positive way and ensure that their involvement in sports is a great experience.

The 4-hour workshop is being offered by the Recreation Division at the Community Services Department, located at 210 Wolfe Street on the following date:

**Date: Thursday, September 28, 2017**

**Time: 5:00 – 9:00 pm**

**Cost: \$40.00 plus tax.**

**Place: Community Services Department (210 Wolfe St), Boardroom**

For further information or to register, please call at 705-742-7777 extension 1873 or visit us on-line at [www.recreationpeterborough.ca](http://www.recreationpeterborough.ca)