

SWIM TO SURVIVE

2017

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BEAVERMEAD BEACH

Swim to Survive is a FREE drowning prevention program offered by the City of Peterborough's waterfront lifeguards at Beavermead Beach.

This program is offered to children 5 to 12 years old.

This program teaches and evaluates the following basic fundamental skills necessary to survive an unexpected fall into deep water:

- Roll into Deep Water
- Tread Water for 1 Minute
- Swim 50 Metres

Saturdays: July 8 to August 5, 2017

| 5 & 6 years | 7 & 8 years | 9 to 12 years |
|---------------------|---------------------|---------------------|
| 9:15 am - 9:45 am | 9:15 am - 9:45 am | 9:15 am - 9:45 am |
| 9:45 am - 10:15 am | 9:45 am - 10:15 am | 9:45 am - 10:15 am |
| 10:15 am - 10:45 am | 10:15 am - 10:45 am | 10:15 am - 10:45 am |
| 10:45 am - 11:15 am | | |

Parents must stay with their children during the entire program.

**Registration is totally FREE,
Sign up today!**

REGISTRATION:

- Call the Recreation Division at 705-742-7777 ext. 1873 (Mon to Fri, 8:30 am to 4:30 pm) and register over the phone
- Stop by the Recreation Division at 210 Wolfe Street and register in person
- Advanced Registration is Required!

Please Note: Swim to Survive is a Drowning Prevention Program and is **NOT** a swimming lesson. The Program may be cancelled or modified due to poor weather or water quality, and is being offered for 5 weeks instead of 3 weeks to accommodate cancelled classes!

Swim to Survive is funded by Canadian Tire Jumpstart and supported by the Lifesaving Society, the City of Peterborough, Peterborough Police Service and Peterborough Fire Service.

