

JUNE IS RECREATION & PARKS MONTH









CANADA 150

Celebrating 150 years of recreation and parks

June 2017



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				1 Mayor Darryl Bennett has officially proclaimed June 2017 as Recreation & Parks Month! 	2 	3 National Health & Fitness Day! Free Open House at The Peterborough Sport & Wellness Centre Brealey Drive Drop by today for FREE!
4 Art Gallery of Peterborough Free Family Sundays! 1 to 4 pm Join the fun in the studio for guided art activities and exhibition tours 250 Crescent Street	5 Tennis Anyone? The City maintains tennis course in over 8 locations throughout the City of Peterborough	6 Splash Pads Bring the kids and cool off at the City's many splash pads: <ul style="list-style-type: none">Rogers CoveKinsmen WayKing Edward ParkNichols OvalRiverview Park & Zoo	7 Pickleball Did you know that Peterborough has 4 outdoor Pickleball courts? They are located in the Knights of Columbus Park on Park Street. Stop by to check out this great game!	8 Get Active, Stay Active Event! Free Youth Event 3 to 6 pm The LOFT Pace @ PCVS Baseball Dodgeball Soccer 	9 PA Day Camp 8 am – 5:30 pm Ages 4 to 11 Peterborough Sport & Wellness Centre Call 705-742-0050 to register today!	10 Dragon Boat Festival Del Cray Park & Little Lake Races begin at 9 am Free Aqua Fitness Peterborough Sport & Wellness Centre 8:15 – 9 am
11 West 49 Skateboard Park Are you looking for somewhere fun to board? The skateboard park is an open free-use park with 22 ramps for boarders. 560 McDonnell Street	12 Swim to Survive Ages 5 to 12 Learn how to survive a fall into deep water Register for free today! 705-742-7777 ext. 1873 Lessons begin on July 8, 2017 at Beavermead Park	13 	14 Senior Showcase Peterborough Sport & Wellness Centre 9:30 am – 4:30 pm 100+ Exhibitors Informative Workshops Free Admission	15 Family Night Drop in – all ages 6:30 pm Storycorner Participate in stories, songs and rhymes, followed by a fun activity for the entire family 	16 Free Low & Sculpt Peterborough Sport & Wellness Centre 9:15 – 10:15 am Free Public Swim Peterborough Sport & Wellness Centre 6:30 - 8pm Bring the entire Family!	17 Peterborough Yoga Festival Del Cray Park 7 am – 7 pm Yogi Market Classes Healing Garden Workshops Kids Zone
18 Fathers Day Take Dad for a hike, bike or walk in one of Peterborough's Many Parks or trails!	19 Have a Picnic Explore a new park with friends and enjoy some food!	20 Otonabee River Trail & Millennium Park Located at the foot of King Street on the Otonabee River Trail Millennium Park is a beautiful park for hosting small events	21 Basketball Stop by and check out Peterborough's state of the art Basketball Courts and shoot some hoops! Located at Simcoe & Bethune Park	22 Canadian Canoe Museum Free Thursday Nights 5 - 8 pm Tour starts at 7 pm 910 Monaghan Rd. 	23 Disc Golf The City's newest Disc Golf Course is located close to Jackson Park in Hamilton Park. Bring the kids and a frisbee for endless fun – for FREE!	24 Peterborough Farmers' Market Every Saturday at the Morrow Building 7 am – 1 pm Fresh Local Vendors!
25 Beach Volleyball Beavermead Park has 6 beach volleyball courts located right next to the beach! Grab a group of friends and enjoy the afternoon at the beach!	26 Free Bootcamp Peterborough Sport & Wellness Centre 6 - 7 pm Drop in after work and enjoy a complete workout!	27 Downtown Youth Space – The LOFT 13 to 18 years Free drop-in program for youth to hang out with friends, get creative, play sports and much more! PCVS – 201 McDonnell St	28 Go for a Walk Take your family or friends on a tour of a local trail and enjoy!	29 Canada 150 Downtown Pop-Up 10 am – 11 pm A celebration of unique sights and sounds throughout Downtown Peterborough!	30 Canada 150 Downtown Street Dance 12 pm – 10 pm Hunter Street Supervised Beaches & Wading Pools open today!	1 - July Canada 150 Canada Day Parade 12 pm – City Hall Multicultural Day 10 am – Del Cray Park Peterborough Musicfest Kim Mitchell – 8pm Rotary Fireworks 10 pm



City of Peterborough

#RecAndParksMonth
#canada150
www.recandparksmonth.ca

Peterborough is celebrating **June is Recreation and Parks Month 2017**, marking **150 years of recreation and parks**. June is Recreation and Parks Month (JRPM) is recognized by municipalities, community organizations and schools as a way of promoting the benefits of being active and how recreation and parks contribute to quality of life. JRPM engages hundreds of thousands of children and families in activities that increase physical activity promote healthy eating and encourage safe play.