



City of Peterborough

Media Release

FOR IMMEDIATE RELEASE

May 26, 2008
Peterborough, ON --

Peterborough Places 5th in Best Walking City Contest

The City of Peterborough placed 5th in a bid for the title of "Best Walking City in Canada 2008". The Canadian Federation of Podiatric Medicine hosted the contest that was open to all cities in Canada. The evaluation criteria included length of trails per capita, area of parks, percentage of people who walk to work, air quality, points of interest, rate of personal crimes, pedestrian injury rates and the quality of the presentation materials submitted with the application. Cities ranking higher than Peterborough, in order of rank, were Vancouver, Fredericton, Nanaimo and Brantford.

Stephen Hartman, CEO of the Canadian Federation of Podiatric Medicine, states in his letter to the city that we ranked high in length of walking trails, number of points of interest and scenery and that our personal crime rate was low.

Chair of the local group Active and Safe Community Routes and Health Promoter at the Peterborough County-City Health Unit, Jenna Allen states that, "This is great news for Peterborough. Walking is one of the easiest and most enjoyable ways to be physically active and having a walking friendly city is a big step in the right direction. More and more people are turning to walking as a way to be physically active while getting somewhere."

Many people are experiencing what is it like to walk to work this month as the Shifting Gears Transportation Challenge is taking off across the city. Over fifty workplaces are competing this month to have the most number of employees that walk, cycle, carpool and take transit to work.

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For further information please contact:

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This information is also available on the City of Peterborough website at www.city.peterborough.on.ca.